

## **GETTING STARTED = What do I need?**

### **Golf Clubs**

More and more Golf Club Manufactures have women specific golf clubs. Some even offer what they call "flow sets". These are addressing specific needs of slower-swinging players and beginners. These sets incorporate fewer clubs typically eight to twelve clubs with wider loft gaps all designed to launch the ball high and far. These sets sometimes include a golf bag and putter. Everything you need to get started. As you progress you can add more clubs to fill in the gaps but remember no more than 14 in the bag.

### **Golf Balls**

There many balls on the market designed for women and any one of those would work well for the beginning and experienced golfer alike.

### **Golf Bag**

Holding the Clubs and all your other Golf Equipment: There are Cart Bags and the Carry Bag . Each [Golf Bag](#) is different from the others. Find one that has the features you want and is easy for you to carry with the weight of the clubs.

### **Tees**

Golf Tees are used when you take your first shot from the [Tee Box](#) and they are designed to elevate the ball from the ground to give you a greater chance of hitting the Ball correctly. Tees come in different lengths and some are designed for the large head drivers, for fairway woods, and irons.

### **Golf Shoes**

[Golf Shoes](#) are designed to give you better grip on the grass, sand and other surfaces and to keep your feet dry even if you accidentally walk through water. Golf Shoes come with [Spikes](#) which are responsible for keeping your feet hooked to the ground so you can maintain balance while making your Golf Swing.

### **Ball Markers**

Ball Markers are used to mark your ball position before you pick it up. Ball Markers are used on the Green. It marks the position of your ball when you pick it up so it won't get in the way of other player's Putt. To mark your ball, place your marker at around two or three inches behind your ball. Then, slide your marker until it is almost touching the ball, leave the marker and take your ball.

### **The Correct Golf Clothing**

Most Golf Clubs have a [Dress Code](#): For women, capris shorts or skorts are acceptable. polo shirt or Golf shirt, Golf shoes. It is always best to check with the course for dress codes. Tank tops , bare mid riffs, jeans and cut offs are not acceptable.

### **Gloves**

[Golf Gloves](#) are protection from getting [Blisters](#) and are the best help you can get to have a [Good Grip](#).

Those are the basic pieces of Golf Gear a beginner should acquire.